



RACEplus

**Rapid Assessment by Cardiac Echo plus
Sydney**

Date: 21-22 November 2020

Where: Potts Point, Sydney

Cost: AUD1,550 (incl. GST)

Faculty

- Professor Anthony McLean
- Professor Stephen Huang
- Ms Iris Ting
- Other experienced trainers

Organiser:

**Nepean Institute of Critical Care
Education & Research, Australia**

Contact:

Conference secretary

Ms Lisa Deaman
secretary@niccer.asn.au

Registration:

[https:// niccer.asn.au](https://niccer.asn.au)

Introduction

RACE (Rapid Assessment by Cardiac Echo) is a transthoracic echocardiography (TTE) course specifically designed for the critical care and acute care physicians. Its objective is to equip physicians in these areas with the skills and knowledge to perform focused bedside TTE so that common cardiac and haemodynamic disorders can be identified quickly. There is a strong focus on HANDS-ON practice in this course.

Course content

- ✓Left heart function
- ✓Right heart function
- ✓Pericardial effusion and cardiac tamponade
- ✓Intravascular volume (fluid status) assessment

RACEplus

The content of RACEplus includes:

- ◆ Day 1: Basic (RACE) workshop which is suitable for physicians with little or no prior knowledge of TTE but wish to learn critical care TTE as an extension of their physical examination skills, plus
- ◆ Day 2: Intermediate module that includes:
 - ✓Echo in hypotensive patients
 - ✓Focused assessment and feedbacks from instructors
 - ✓Case interpretation workshop

Accreditations and CME points

RACEplus is a recognized course in CME purpose by various colleges in Australasia & other countries, including CICM, ACEM, ANZCA, RACP, ASUM, HKCEM and HKCA.

Reference material

McLean & Huang (eds) *Critical Care Ultrasound Manual*, Elsevier Australia, Sydney, 2012.



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Program

Day 1: RACE

0900 Introduction to RACE

0915 Knobology and image optimization

1000 Anatomy & TTE views

1020 Morning break

1045 Hands-on I:

- Image optimization
- Parasternal views

1200 Lunch

1245 Hands-on II:

- Apical views
- Subcostal views

1345 Lecture:

- LV evaluation
- RV evaluation

1445 Afternoon break

1500 Lecture:

- Fluid status
- Pericardial effusion and tamponade

1545 Hands-on III: Performing RACE

1645 Summary: Q&A

1700 Finish

Day 2: RACEplus

0900 Case studies (2D and M-mode)

0930 Hands-on IV: Performing RACE

1020 Morning break

1045 Revisiting TTE views

1115 Hands-on V: Student-directed

1215 Lunch

1300 Echo in hypotensive patients

1330 Hands-on: Focused assessments with feedbacks

1500 Afternoon break

1520 Case studies

1630 Summary and evaluation

1700 Finish